

MS. DEVIKA MALIK – PROFILE

PERSONAL DETAILS:

Age : 28
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BRIEF:

Devika Malik was born with hemiplegia, which causes paralysis to one side of the body. She has overcome the challenges of her disability to become an **international para-athlete** (disability sports) with 8 national & 3 international medals at **World Para Athletics Grand Prix** competitions; a psychological **counsellor**; **International Disability Inclusion Advocate** & TEDx Speaker and social entrepreneur - co-founder of the **Wheeling Happiness Foundation**. The foundation promotes inclusion, disability sports, raises funds for people with disabilities and promotes better access and equality for those facing physical, emotional and social challenges. The foundation believes in the transformative power of sport and has helped over 50 persons with disabilities to become sportspersons, and provided artificial limbs & assistive devices to 500+ beneficiaries thereby focusing on **abilities beyond disability** and enabling self-reliance & emotional well-being. More than 10,000 people have been impacted by the co-founders' workshops, awareness & outreach efforts. Independent analysts have determined that [Wheeling Happiness Foundation delivers USD10 worth of social value for every USD1 contributed to us](#) (SROI is ten times), delivering on Sustainable Development Goals (SDGs 3, 4, 10, 11).

Devika's efforts for disability inclusion & gender equality have been recognised nationally and internationally, this includes receiving the **Queen's Young Leaders Award from Queen Elizabeth II** in London (<https://www.queensyoungleaders.com/meet-devika/>), having an audience (Lunch invite during Royal Visit of Duke & Duchess of Cambridge to India) with the **Prime Minister of India** and being a **Speaker at the Opening Ceremony of the Commonwealth Heads of Government Meeting 2018** in London, in presence of 53 Heads of States and the British Royal Family and recently recognition by the **Vice President of India & United Nations India – Women Transforming India Award 2018**.

AFFILIATIONS:

- Core Committee Member of the **Commonwealth Children & Youth Disability Network (CCYDN)**
- Ambassador – One Young World (World's Largest Young Leaders' Summit)
- Associate Fellow – Royal Commonwealth Society
- Youth Ambassador – Include Me Too, United Kingdom (UK based international disability charity)
- Sports Advisory Panellist for sports non-profit Bridges of Sports India.
- Drafting Committee member of the **World Disability Children and Youth Charter** (Led by Include Me Too, supported by DFID, Royal Commonwealth Society etc.)
- Drafting Committee member of the **Youth Declaration on the Universal Declaration of Human Rights at One Young World Summit 2018**



WOMEN TRANSFORMING INDIA 2018
AWARD FOR SOCIAL ENTREPRENEURSHIP
– NITI AAYOG, UNITED NATIONS

- Former Asian Representative – Commonwealth Youth Sport for Development & Peace Working Group (CYSDP – 2014-2017)

AWARDS:

- 1. Queen’s Young Leader Award 2015 presented by Queen Elizabeth II at Buckingham Palace, London** (The Queen’s Young Leader Award recognizes and celebrates exceptional people aged 18-29 from across the Commonwealth, who are taking the lead in their communities and using their skills to transform lives.) <https://www.queensyoungleaders.com/meet-devika/>
- 2. Business World Inspira Honors Awards 2015.**
- 3. Special Recognition – invited for lunch hosted by Prime Minister Narendra Modiji at Hyderabad House, New Delhi during Royal Visit of Duke and Duchess of Cambridge to India 2016.**
- 4. Youth Excellence Award 2016** by Youth Federation Jaipur, India.
- 5. Times Power Icon Award for Social Development** by Times Group India.
- 6. Women Transforming India Award 2018** by United Nations India & NITI Aayog
- 7. Appreciation Award World Disability Day 2018** for Empowering Persons with Disabilities and ensuring inclusive & equality - by Police Public Library (south-east Delhi) & Adhikar Foundation India.
- 8. Women On A Mission Award 2019 for Sports** by HerStory (A nationally recognised social media platform for women entrepreneurs)
- 9. Indian Icon Award 2019 for Sports and Social Service.**

SPEAKER PROFILE HIGHLIGHTS:

- Speaker at **United Nations New York HQ** for the **launch of Commonwealth Children & Youth Disability Network** at COSP12 at United Nations, New York (10th – 13th June 2019).
- **Chief Guest** at **Manipal University Jaipur**, Zenith Business & Commerce Fest 2019
- Addressed audience as **Jury Member** of Womennovator launch (virtual incubator for women entrepreneurs) at **PHD Chamber of Commerce Delhi** on Women’s Day 2019.
- Speaker at **India Inclusion Summit 2018** – November 2018
- Addressed high level stakeholders from all over the world at the first ever **Global Disability Summit in London on 23 & 24 July 2018** regarding the rights of youth with disabilities.
- Addressed 53 Heads of States, the British Royal Family and global dignitaries from Politics & Social Service fields, at the **Opening Ceremony of the Commonwealth Heads of Government Meeting (CHOGM) 2018**, at Buckingham Palace London, regarding the importance of an inclusive vision for the future of the Commonwealth. (19th April 2018) - <https://youtu.be/HniMnutA5yc>
- Addressed an audience of 1500 members at the **Annual Cabinet Installation ceremony 2016 of Lions Club International**, Udaipur Chapter.
- Addressed female employees of **Cipla Ltd. Mumbai**, on the occasion of **International Women’s Day 2016**.
- Co – Facilitated a workshop on the theme of ‘Contribution of Sport towards Achieving Sustainable Development Goals’ during **Commonwealth Youth Forum 2015, Malta** (22nd November 2015)

- **Bright Ideas Talk** delivered at **Commonwealth Secretariat**, Marlborough House, London on the occasion of 2nd International Day of Sport for Development & Peace (7th April 2015) <https://www.youtube.com/watch?v=Bb07t4ElbEk>
- Addressed female employees of **Ericsson India Global Services Pvt. Ltd.** across 3 office locations in Delhi NCR region, on the occasion of **International Women's Day 2015**.
- **TEDx** – GRD, Coimbatore – 'Sport Beyond Competition' 4th March 2015 <https://www.youtube.com/watch?v=So17Yd-D3-M>
- Addressed the staff members of **British Council**, New Delhi regarding Inclusiveness and Accessibility on the occasion of 'International Day of Persons with Disabilities, 3rd Dec 2014'
- Invited to make an address during an interactive session highlighting mental well-being with care-givers of Cancer patients by **Apollo Hospital, New Delhi**
- Invited as a panelist by **PHD Chamber of Commerce**, India on International Youth Day 2014 to discuss 'Innovative Strategies for Sport Development'.

WORK EXPERIENCE:

- **Co - Founder – Wheeling Happiness Foundation [2014 to present]**
Creating an inclusive & barrier free society to empower people with disabilities, women and economically underserved communities through sports
www.facebook.com/wheelinghappiness
- **Representative for Physically Challenged Youth – Standing Committee, Commonwealth Youth Council [Jun 2016 – Apr 2018]**
<http://us13.campaign-archive1.com/?u=fe358c4131f7fd171f4bffd18&id=96ca2eec7e>
- **Asian Representative – Commonwealth Youth Sport for Development and Peace Working Group [2014 – 2017]**
Driving voice for youth in the Commonwealth towards promoting best practices for sport, development and peace in their respective societies
<http://www.yourcommonwealth.org/cysdp/>
- **Freelance rehabilitation counselor to persons with disabilities and caregivers**
- **Empanelled Psychological Counselor – Aadya Health Care Rehab Clinic, Gurgaon [Feb 2015 – Jul 2015]**
- **International Para – Athlete (T – 37 Category)**
5 National Gold, 3 National Silver, 3 International Silver Medals
- **Assisting Padmashri Arjuna Awardee, Ms. Deepa Malik (Paralympic Silver Medalist) during various motivational workshops.**
 - Preparation of presentations
 - Designing youth centric workshops / lectures to be delivered by Ms. Deepa Malik
 - Negotiations & Logistical co-ordination with Client
- **Research Analyst – Business Development and Knowledge Management – InspireOne Consultants (TMI | Kenexa | Tack) [June 2013 – June 2014]**
 - Update internal databases
 - Research – Client Related Data, Industry Related Data
 - Identify and approach prospective clients

- Understand client issues and requirements
- Assist SME in approach design
- Develop proposals to match client requirement
- Design & develop course material for training
- Client Engagement
- End-to-End Project Coordination (external & internal alignment)
- **Intern (Organizational Behavior)- Fortis Escorts- Under Dr. Bhavna Barmi [June-August 2012]**
 - 1:1 counseling sessions with Corporate Clients (Lay-off Counseling/ Work-Life Balance etc.)
 - Research for designing Change Management, Stress Management workshop modules
 - Core Team Member of the Crisis Management initiative at Royal Bank of Scotland
- **Official Member of the Indian Contingent during Commonwealth Games 2010 [April-Oct 2010]**
 - Responsible for ensuring welfare and facilities for physically challenged athletes
 - Responsible for coordination between athletes and National Paralympic Committee

EDUCATION:

- **Bachelors in Psychology – University of Pune, India (2008 – 2011)**
- **Masters in Psychology – University of Delhi, India (2011 – 2013)**
 - * Qualified UGC NET (National Eligibility Test for Lectureship) [Psychology; December 2012]
- **Leadership Skills Enhancement Program – ‘Leading Change’ – University of Cambridge, UK** [Online Training Feb2015 – Dec2015]

LANGUAGE PROFICIENCY:

- **English – Native (Bilingual)**
- **Hindi – Native (Bilingual)**
- **French – Elementary**
- **Elementary understanding of several regional North Indian languages**



Special Recognition - Lunch Meeting with Hon. PM Modiji and Duke & Duchess of Cambridge



Queen's Young Leader Award Winner for Community Development – Presented by HM Queen Elizabeth II

ANNEXURE 1

Wheeling Happiness Foundation – Areas of Work and Beneficiaries (SDGs 10, 11, 4, 17):

Social Return on Investment (SROI) USD 10 for each USD 1 invested (1:10)

<https://www.oneyoungworld.com/ambassador-projects/wheeling-happiness>

ACCESSIBILITY AND INCLUSION FOR PEOPLE WITH DISABILITIES:

- We conduct Disability Awareness Initiative Workshops in Rural Haryana, impacting approximately 300 people per workshop.
- I offer free of cost counseling to people with disabilities & their caregivers from economically underprivileged backgrounds
- Disability & SDGs awareness workshops are conducted in rural villages for economically underserved people with disabilities
- Funds raised for more than 300 artificial limbs with Jaipur Foot
- Distributed 20 tricycles to below poverty line people with disabilities in partnership with Lion's Club Udaipur
- The foundation built wheelchair ramps & accessible drinking water points in New Delhi railway station
- We have distributed more than 150 active wheelchairs, crutches, accessible toilet, adult diapers, medicines to people in need
- We organize many bike rallies for disability awareness which are led by disabled riders on modified scooters
- I organized a team of disabled scooter riders to join #Ride4Accessibility conducted by Accessible India Campaign on 24 July 2016
- We conducted accessibility audit of Devilal Sports Centre, SAI Sonepat to make the centre barrier free for para athletes
- The foundation has started 'Happiness Centre' for intellectually challenged children to help them to develop hobbies and receive occupational therapy in collaboration with 'Parents Association for Cerebral Palsy Ahmednagar' (Maharashtra)
- My foundation is supporting cleft & palette repair surgeries of underprivileged children & adults collaborating with Smile Train India
- The Foundation supports fashion for all. We have supported the participation of Miss Wheelchair India in the world pageant in 2017 & are currently supporting Miss Deaf India title holder to represent the country for the World title.
- We strongly believe in the power of collaboration, as is also resonated in Sustainable Development Goal 17 – partnerships; and have worked together with many organizations to support our beneficiaries, like Rotary, Lion's Club, Smile Train & actor Shah Rukh Khan's Meer Foundation to name a few.

EMPOWERMENT THROUGH SPORTS (women & people with disabilities in sports):

- My foundation believes in the transformative power of sport and has helped more than 50 persons with disabilities to become sportspersons. We also help them to become independent & self – reliant and secure jobs through sports.

- We support the long-term training plan, sports equipment costs, wheelchair etc. mobility devices costs, diet and nutrition requirements of people with disabilities from economically underprivileged backgrounds and help them to become para-athletes
- One of our beneficiaries from economically disadvantaged background, a paraplegic single mother to two sons, who we have helped to become a para-athlete starting in 2015, has won many national & international medals in wheelchair shotput & javelin including Bronze medal in Beijing 2017 World Para Athletics Grand Prix, and represented India at Asian Para Games 2018.
- We currently have an ongoing collaboration with Meer Foundation whereby we are identifying budding para-athletes and providing them good quality active wheelchairs, to enhance their mobility & improve sport performance.
- We have conducted seminars about disability sports awareness in many schools & colleges across India for thousands of students
- My foundation has assisted physically challenged motor-sports enthusiasts to learn driving & obtain official FMSCI Rally licenses. We have sponsored 2 physically challenged drivers to compete in Taj Agra Rally 2016 & Royal Rajasthan Rally 2016.
- We have taught many women with disabilities to drive a car and helped them to modify their cars, to make them independent & self-reliant
- On Olympic Day 2017, my foundation gifted international standard kabaddi mats & 20 pairs of professional kabaddi shoes to a rural school for training Girls Team and new female talent in Jauli Village, Haryana
- I am the Sports advisory panel member of a grassroots sport organization in Karnataka – Bridges of Sports.
- International Youth Ambassador of UK based charity organization 'INCLUDE ME TOO'

EDUCATION:

- I have published research articles on women with disability in sports in publications like Economic Times CSR Compendium Coffee Table Book; UGC sponsored National Seminar on Women Empowerment & Sports 2015; international online platforms like www.yourcommonwealth.org & www.sportanddev.org
- My foundation has been sponsoring education & school supplies of 4 below poverty lines school girls of Malviya Nagar Hauzrani slum in Delhi since 2014 in support of 'Beti Bachao, Beti Padhao' campaign
- The foundation donated 90 pairs of shoes & 180 pairs of socks to underprivileged primary students in Faridabad to enable them to continue schooling in the winter without disruption in their studies

INCLUSIVE TRAVEL:

- My foundation has trained the ground staff of Indigo Airlines all over India for better handling of wheelchairs & customer service for passengers with disabilities
- My foundation has partnered with Cox & Kings Tour company to design accessible travel & holidays for people with disabilities, for their Accessible Travel vertical 'Enable Travel'.
- The foundation has donated wheelchairs to the accessible taxi & ambulance service at Hinduja Hospital, Mumbai

INTERNATIONAL DISABILITY ADVOCACY:

- Core Drafting Committee member of the **World Disability Children and Youth Charter** (Led by Include Me Too, supported by DFID UK, Royal Commonwealth Society etc.)
- Sports Advisory Panellist for sports non-profit Bridges of Sports India.
- Founding Member of the **Commonwealth Children & Youth Disability Network**
- Drafting Committee member of the **Youth Declaration on the Universal Declaration of Human Rights at One Young World Summit 2018**
- Addressed the Opening Ceremony of the Commonwealth Heads of Government Meeting 2018 regarding the importance of disability inclusion
- Addressed high level stakeholders from all over the world at the first ever Global Disability Summit in London on 23 & 24 July 2018 regarding the rights of youth with disabilities.
- Former Asian Representative – Commonwealth Youth Sport for Development & Peace Working Group (CYSDP – 2014-2017)
- Addressed the staff members of British Council, New Delhi regarding Inclusiveness and Accessibility on the occasion of ‘International Day of Persons with Disabilities, 3rd Dec 2014’